



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WE'RE HERE FOR YOU



2011
HAZELWOOD YMCA

Hours of Operation

Monday through Friday - 8am-6pm

Rentals Available

Friday evenings and all day

Saturday
and Sunday

Hazelwood YMCA

4713 Chatsworth Avenue
Pittsburgh, PA 15207
412-421-5648



Note from the Executive Director/Operations

Here at the Hazelwood YMCA, we make a concerted effort to holistically serve the communities of Hazelwood, Glen Hazel, Squirrel Hill, South Side, Greenfield, Homestead and West Mifflin. Through programs designed to enrich children's lives, develop families' self-sufficiency, and improve youth's academic success, our YMCA works to improve our community.

In our focus on Youth Development, our Y has been very deliberative about designing programs that teach 21st Century skills in order to prepare youth for success in an increasingly global society. Through enrichment activities, youth gain skills beyond the pedantic learning they get in traditional educational settings. Serving over 1,000 youth on-site and in our schools, we offer a plethora of youth development programs, including: afterschool, Y Achievers, Intramural Recess and academic intervention.

We are intentional about addressing community needs in an effort to promote Healthy Living and Social Responsibility. Our social service programs—which include: Food Pantry, Daily Congregate Feeding Program, Energy Assistance, Information and Referral, Farm Stand and Urban Garden—allow our constituents to access resources in an area in which there is a dearth of services. Our YMCA doors are always open to the community and visitors alike, and we encourage you to visit us today!

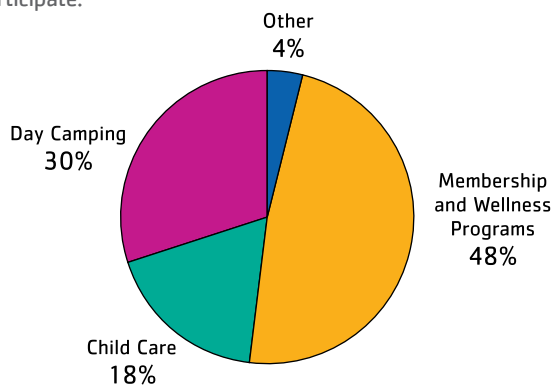
Sincerely,

Tendai Matambanadzo
tmatambanadzo@ymcaofpittsburgh.org

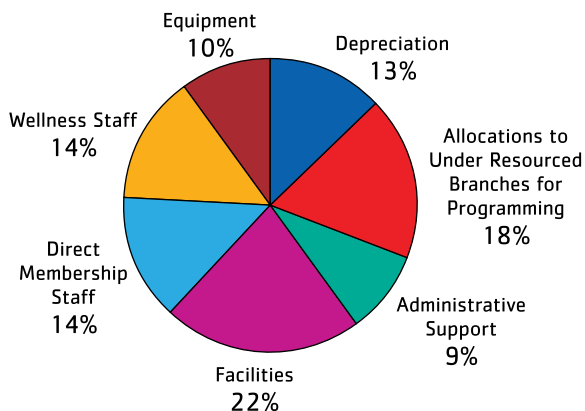


Your Donations At Work

Donations are used to provide indirect subsidies, such as program development and free programs, as well as direct subsidies to individuals and families in the form of financial assistance to participate.



Your Membership Dollars At Work



Volunteer Opportunities

After School Tutor, After School Enrichment Instructor, Food Pantry Assistant, Job Center Assistant, Farm Stand Volunteer, Arts Teacher, Garden Helper, Volunteer Coaches.

For more information call Lisa Donofrio, Program Director at 412-773-7314 or e-mail ldonofrio@ymcapgh.org

Building Bridges

Membership and Day Camp

Persons with household incomes below \$50,000 may be eligible to take part in this program. A sliding scale format has been pre-determined for both monthly membership fees and weekly summer day camp fees for household income levels \$50,000 and below. To apply for building bridges, just stop by the Welcome Center, please bring a copy of your most recent tax return. Through this program, we can continue to make the YMCA accessible to all!

ALL TOGETHER BETTER

You may have noticed that the Y is changing the way we present ourselves. For the first time in 43 years, we have revealed a new brand strategy.

This change comes at a critical time, because it is designed to increase understanding of the impact we are making in the community. Our nation and community face unprecedented challenges, and the Y wants to open its doors to more people who can benefit from what we have to offer.

At the Y, we've always known that positive change only comes about when we invest in our kids, our health and our neighbors. And that's why we're here. We have three areas of focus:

Youth Development

Because young people need caring adults to provide support, guidance and encouragement as they grow.

Healthy Living

Because wellness in spirit, mind and body strengthens our very being, and enhances our interactions with others.

Social Responsibility

Because we truly are in this together, and together we can harness our individual strengths and bring about positive change around us.

So while we've changed our appearance to better reflect the work we do and the positive impact we make, we're still supporting this community in the same way we always have. We look forward to enriching more lives and more families, and to further strengthening this community for decades to come.

All programs are ongoing throughout the year.

How to register for Programs

Registration is quick and easy! You can register by phone at 412-421-5648 or stop by the Welcome Center.

For more information, send an e-mail to:

hazelwood@ymcaofpittsburgh.org

Guest Policy

As a member organization, our facilities, programs, and activities are designed primarily for members. Members may bring a guest provided the guest abides by the following:

- Members are responsible for their guest and must accompany them to the Welcome Center to redeem or purchase a guest pass
- The same guest may use the facility or any other YMCA of Greater Pittsburgh facility no more than 3 times in a 12 month period.
- Guest fee is \$10 per visit. Guest fees may be applied to a membership (\$30 maximum)

Association-wide Membership Benefits

- State of the art Wellness Center with Treadmills, Ellipticals and Stationary Bikes
- Strength Training Circuit, Free Weights and more!
- Group Exercise Classes at no additional charge
- Increased Family Programming
- Youth and Adult Sports Leagues
- Friendly, certified staff
- Reduced Program Fees

Membership

Type	Monthly	Joining Fee
Facility Memberships Access to Wellness Centers		
Association-wide Adult	\$64	\$125
Association-wide Family	\$96	\$125
Program Memberships Access to programs and member pricing	Annual Fee provides program access for 12 months.	Program fees vary.
Individual (any age)	\$29	
Family	\$110	

Family membership definition: Family memberships apply to households with a maximum of two adults residing at the same address, and children residing at that same address who are up to the age of 21, and a full-time student; up to the age of 18 if not a student. Photo identification may be required.

AWAY program: As a member, you're part of the AWAY Program which gives you access to Any Where Any Y in the country de a 50-mile radius from your home YMCA.

YOUTH DEVELOPMENT

Nurturing the potential of every child and teen

We believe the values and skills learned early on are vital building blocks for life. Because of the Y, more young people in neighborhoods around the nation are taking a greater interest in learning and making smarter life choices. At the Y, children and teens learn values and positive behaviors, and can explore their unique talents and interests, helping them realize their potential. That makes for confident kids today and contributing and engaged adults tomorrow.



CHILD CARE

With so many demands on today's families, parents need all the support they can get. That's why child care at the Y is about more than looking after kids. It's about nurturing their development by providing a safe place to learn foundational skills, develop healthy, trusting relationships and build self-reliance through the Y values of caring, honesty, respect and responsibility.

AFTER SCHOOL PROGRAMS

The Hazelwood YMCA After School Program is an affordable, state-licensed after school program that provides children with safe, nurturing, high quality childcare. Children receive daily hot meals, homework assistance and academic tutoring. In addition, our newly structured enrichment choice program enables parents and their children to schedule creative arts and athletic activities that best meet the needs of each individual child. Creative arts courses are structured in an attempt to expose students to a wide variety of learning opportunities including dance, urban gardening, karate, foreign language, visual arts, soccer, and much more! Transportation is provided from Mifflin, Minadeo, Homeville and Greenfield schools.

HAZELWOOD YMCA AFTER SCHOOL PROGRAM

4713 Chatsworth Avenue
Pittsburgh, PA 15207

Contact Person: Lisa Donofrio, Program Director
412-773-7314
ldonofrio@ymcapgh.org

SCHOOL DAYS OFF CARE/CAMP

School's Out Care provided on the following dates:

December 27, 28, 29, 30, 2010; January 31, February 1, April 15, 18, 19, 20, 21, 2011

On inclement weather days, we will attempt to open for School's Out Care, however, please call us prior to dropping your child off in order to ensure that a staff member is available to receive your child for care.

EDUCATION & LEADERSHIP

All kids have great potential. At the Y, we help them set and achieve their personal and educational goals. They gain confidence as they recognize the Y as a place where they belong and can feel comfortable exploring new interests and passions. Through leadership and academic enrichment programs such as mentoring, youth government and college preparation, we make sure that every child has an opportunity to envision a positive future, and to take an active role in strengthening the community.

ACADEMIC ENRICHMENT

Pittsburgh LEARNS is the result of a unique collaboration between the Pittsburgh Public Schools, Wireless Neighborhoods and the Hazelwood YMCA. The program provides homework assistance, a nutritious snack and dinner, daily 90 minute academic lesson plans, and recreational activities to students in grades K-2. Students also use the computer lab for educational games and weekly reading comprehension activities. Transportation home is provided. Students must be testing at basic or below basic to qualify.

**The following classes are held at the Hazelwood YMCA
No charge for After School participants.**

BALLET/TAP

Our ballet/tap class focuses on teaching children dance basics in a warm and nurturing setting.
Mondays 4:45-5:45pm

COOKING

Children will participate in fun and easy recipes ranging from baked goods to mini-meals. Whenever possible, we will utilize garden produce in our recipes in order to increase children's knowledge of the organic produce grown in our on-site urban garden.
Wednesdays 4:45-5:45pm

GUITAR LESSONS

Children will gain a basic understanding of guitar playing and work on song development.
Fridays 4:45-5:45pm

HIP HOP DANCE

Our hip hop dance class is a fun introductory class designed to suit all children regardless of experience level.

Thursdays 4:45-5:45pm

KARATE

This course provides children with an introduction to traditional karate. Children receive expert instruction within a safe and accepting environment.

Tuesdays 4:45-5:45pm

LEADERSHIP DEVELOPMENT

The YESC program focuses on teaching children ages 5-12 years, to be sponsors of community advocacy. Based upon a nationally-recognized program model, YESC empowers students to become responsible members of our global community as they develop knowledge concerning environmentalism and ecology, nutrition, and community service. Children enrolled in the program will not only participate in a community garden located on our YMCA premises, but they will also learn about their environment through hands-on lessons and experiments.

Program ongoing—No cost.

YOUTH CIVIC ENGAGEMENT

TEEN VOLUNTEER OPPORTUNITIES

Our Y provides qualified teens with the opportunity to advance their resumes through service to the community.

Program Ongoing—No cost.



SWIM, SPORTS AND PLAY

The Y is the starting point for many youth to learn about becoming and staying active, and developing healthy habits they'll carry with them throughout their lives. And the benefits are far greater than just physical health. Whether it's gaining the confidence that comes from learning to swim or building the positive relationships that lead to good sportsmanship and teamwork, participating in sports at the Y is about building the whole child, from the inside out.

YOUTH SWIM LESSONS

URBAN SWIM

Urban Swim enables children attending our YMCA to experience swimming safety clinics at partnering YMCA pools.

SWIM TEAM Coming Soon! Specific dates and times TBD.

CAMP

Overnight, day or specialty camps at the Y share one thing: they're about discovery. Kids have the opportunity to explore nature, find new talents, try new activities, gain independence, and make lasting friendships and memories. And, of course, it's fun too.

HAZELWOOD YMCA DAY CAMP (AGES 5-12)

Our summer camp program offers educational, arts and recreational activities, as well as weekly swimming and field trips to students throughout the summer months. Youth are further provided with daily enrichment activities, including: karate, dance, visual arts, urban gardening, robotics and lots of other creative arts modules. Families are also invited to participate in a weekend retreat at the close of summer at beautiful Camp Kon-O-Kwee, an overnight camping facility boasting hiking, canoeing, archery and rope climbing activities for children and their parents. June 20 – August 19

8:30am-4:30pm (Before/After Care: 7:30am-6:30pm)

Hazelwood YMCA

4713 Chatsworth Avenue

Pittsburgh, PA 15207

Fee: \$125/week; All subsidies accepted including CCIS, CYF, etc., Financial Assistance also available.

FOR HEALTHY LIVING

Improving the nation's well-being

SPORTS & RECREATION

We believe sports, fun and exploring new interests aren't just for the young. Along with improving health, whenever teamwork is involved, there's the added benefit of being connected to others. That's why you'll find a range of recreational activities at the Y. With something to offer everyone, there's no such thing as being too old to get in the game.

INTRAMURAL RECESS

PITTSBURGH MIFFLIN PRE-K-8

PITTSBURGH GREENFIELD PRE-K-8

Monday – Friday 10:30am-2:30pm, following PPS schedule

The Hazelwood YMCA currently works in collaboration with our local public schools to provide structured recess activities to all school age students. Through a uniquely designed program that incorporates game play, skill mastery and teambuilding, students build physical fitness, self-esteem, and cooperation skills while participating in highly structure quality programming. Nearly 1,000 students served weekly through this innovative program.



FACILITY RENTALS

- Caberets
- Wedding Receptions
- Dances/Parties
- Reunions
- Pre-teen/Teen Parties
- Bridal and/or BABY SHOWERS
- BUSINESS MEETINGS
- Banquets

RATES:

\$60 per hour + \$55 maintenance fee

A \$100 Deposit is required to hold dates and \$50 Cancellation Fee if event is cancelled with at least two weeks notice. Cancellations made with less than two weeks notice forfeits the security deposit. The security deposit is fully refundable provided there are no damages and the rental closing checklist has been completed at the end of the event. All balances must be paid two weeks in advance. NO EXCEPTIONS. All Rates are subject to change without notice.

****NO ILLEGAL SUBSTANCES ARE PERMITTED ON THE YMCA PREMISES
THE HAZELWOOD YMCA IS A SMOKE FREE FACILITY**

For more information call 412-421-5648 or e-mail:
hazelwood@ymcaofpittsburgh.org

SOCIAL RESPONSIBILITY

Giving back and providing support to our neighbors

SOCIAL SERVICES

To bring about meaningful change, individuals need ongoing encouragement and tools. We're here day-in and day-out to provide the resources our communities need to address the most pressing social issues: child welfare, education, employment, housing and substance abuse. We work to make sure every child, family and community has what they need to achieve their best.

HAZELWOOD YMCA FOOD PANTRY

In partnership with the Greater Pittsburgh Community Food Bank and Pittsburgh Community Services, the Hazelwood YMCA Food Pantry provides families in need with a nutritional program to supplement families' food resources throughout the month. A variety of food and non-food items are distributed; nutritional information as well as recipes are also provided. Outreach services including information and referral, food stamp screening, and health fairs, are also provided to food pantry clients throughout the year.

Hazelwood YMCA Outreach Center

Third Thursday of each Month

HAZELWOOD YMCA FARM STAND

In partnership with the Greater Pittsburgh Community Food Bank, the Hazelwood YMCA Farm Stand provides community residents with affordable, locally-grown produce throughout the summer and fall months. Residents receive a better quality product at a lower price in the convenience of their neighborhood. Nutritional information is offered along with recipes on how to prepare fresh items. Additionally, outreach services including voter registration are provided on-site.

RNS Mini-mart lot on Irvine Street

Thursdays 11:30am-2:30pm

June – November

HAZELWOOD YMCA CONGREGATE FEEDING PROGRAM

Each weekday throughout the year, community residents are invited to participate in the congregate feeding program. This free service provides residents with a healthful, balanced hot meal five days a week all year long. No registration required.

Hazelwood YMCA Outreach Center

Monday – Friday, 12pm

MOBILE MEDICAL UNIT

The medical mobile unit provided by the Squirrel Hill Health Center is a medical clinic on wheels. Staffed by a doctor, medical assistant and case manager, the Mobile Medical Unit brings the clinic to patients both with and without insurance.

Hazelwood YMCA

Monthly Schedule

ENERGY ASSISTANCE

Dollar Energy provides grants for those families and individuals experiencing difficulty in paying their utility bills.

Eligibility: Dollar Energy Funding Guidelines must be met

Hazelwood YMCA Outreach Center

By appointment

JOB CENTER

Our Job Center provides career counseling, job search assistance, resume preparation, job readiness training opportunities, and access to computers, phones, etc. The overarching mission of the Hazelwood YMCA Job Center is to increase the employability of our community members.

Hazelwood YMCA Outreach Center

Monday – Friday 10am-1pm

Global Services

At the Y, building a strong global community begins at home. Ys in the U.S. help young people develop cultural competencies, diverse populations connect to the community and individuals around the world gain access to life-changing resources and support. As an interconnected global network, the Y has the resources and solutions to build bridges and make our changing communities stronger—both at home and abroad.

Volunteerism

The generosity of others is at the core of our existence. It is only through the support of our hundreds of thousands of volunteers and public and private donors that we are able to give back to the communities we serve.

Annual Campaign

Every day, gifts to the Campaign for Strong Communities make a difference in someone's life. Each gift is used to provide scholarships to people in our community who are experiencing financial difficulty. In fact, each year the need exceeds the funds that we raise and we draw on other sources to close the gap. The YMCA is committed to ensuring that our programs are available to anyone who would like to use them.

We believe that our programming lays the groundwork for healthy futures, builds a sense of community, and conveys the values of caring, honesty, respect and responsibility. Yes, children learn to swim, kids have somewhere to go after school and we teach about healthy lifestyles, but the YMCA is far more than that. We are a place where kids find direction, families come together and people rally to make a difference.